

Competition Rules

Eligibility

Each competitor must:

- purchase a weekend pass
- be 18 years of age for all competitions, except Junior specific divisions
- register by entry deadlines listed on the event schedule
- complete any required entry forms, waivers and pay all entry fees
- be **in the ballroom 15 minutes before** the start of your division

Competitors should check the weekend schedule in advance in order to meet registration deadlines. The schedule is subject to change, so check the schedule again at the event.

All competitors should read the rules carefully. Competitors are responsible for adhering to these rules whether they have read them or not. Questions about the rules should be addressed in advance to the Head Judge, NOT the event registration staff.

The organizers will make every effort to conduct all competitions in accordance with these rules. However, the organizers reserve the right to make any changes in schedule or format deemed necessary for any competition.

Jack and Jill Divisions

Competitors enter as individuals and are randomly assigned partners and dance to music selected in advance by the competition DJ. Each division must have at least 5 leaders and 5 followers to run the competition. There is no maximum number of competitors.

Couples must maintain physical contact except for spins, turns, short break-a-ways, and recoveries. No lifts or drops will be allowed.

- **West Coast Swing J&J**

Division Qualifications: Our rules for the West Coast Swing Jack & Jill competitions are based on the World Swing Dance Council recommendations. If you are not comfortable dancing in the division where these qualifications place you, please petition the Head Judge to dance up or down.

An individual is not permitted to dance in more than one leveled WCS Jack & Jill (regardless of role selection), but may also dance in the appropriate Master's division if they qualify by age(50+).

Master's Novice J&J - must be age 50+ and considered Novice or below per WSDC.

Master's Open J&J - must be age 50+ and considered Intermediate or above per WSDC.

- **Hustle J&J**

Division Qualifications: Our rules for the Hustle Jack & Jill competitions are based on the Hustle Dance Tour recommendations. If you are not comfortable dancing in the division where these qualifications place you, please petition the Head Judge to dance up or down.

An individual is not permitted to dance in more than one leveled Hustle Jack & Jill (regardless of role selection).

Strictly Swing and Strictly Hustle

Competitors enter as a couple and dance to music selected in advance by the competition DJ. Each division must have at least 5 couples to run the competition. There is no maximum number of competitors.

1. Costumes are not allowed. However, matching or complementary outfits suitable for social dancing are acceptable.
2. Couples must maintain physical contact except for spins, turns, short break-a-ways, and recoveries.
3. Pre-choreographed routines are not allowed.
4. Dancers must maintain their own physical contact with the floor during partner weight supported moves.
5. At most, five partner weight supported moves are permitted.
6. Guidelines for expected Swing content are 90%. It is at the judge's discretion to determine that the Swing or Hustle content has been met.

In the Strictly Swing and Strictly Hustle Divisions, if one partner dances in a higher level than the other partner, that couple must dance in the higher level division.

An individual is not permitted to dance in more than one leveled Strictly Swing and one leveled Strictly Hustle division (regardless of role selection), but may also dance in the Master's Strictly Swing if they qualify by age(50+).

You may NOT have the same partner for Strictly Swing and Master's Strictly Swing divisions.

Pro-Am Swustle Jam

This contest is run as a Pro-am J&J. Competitors enter as individuals and are randomly assigned to the hired professionals or Allstars and dance to music selected in advance by the competition DJ. You can choose to dance either WCS or Hustle for the ENTIRE song. No switching between dances. This will run as one division for Beginner through Intermediate Leaders, then one division for Beginner through Intermediate Followers.

1. Competitors must be Beginner – Intermediate level in BOTH WCS and Hustle.
2. Recognizable Hustle/ WCS content, as determined by the judges, must be present in at least 90% of the performance.
3. No acrobatic moves, or lifts – but drops, slides, and leverage movements are acceptable.
4. Amateurs may only dance 1 level as a leader or a follower.