

Competition Rules

Eligibility

Each competitor must:

- purchase a weekend pass
- be 16 years of age for all competitions, (if we have enough interest from competitors under 16 we will create a Junior specific division)
- register by entry deadlines listed on the event schedule
- complete any required entry forms, waivers and pay all entry fees
- be **in the ballroom 15 minutes before** the start of your division

Competitors should check the weekend schedule in advance in order to meet registration deadlines. The schedule is subject to change, so check the schedule again at the event.

All competitors should read the rules carefully. Competitors are responsible for adhering to these rules whether they have read them or not. Questions about the rules should be addressed in advance to the **Head Judge, NOT the event registration staff.**

The organizers will make every effort to conduct all competitions in accordance with these rules. However, the organizers reserve the right to make any changes in schedule or format deemed necessary for any competition.

Jack and Jill Divisions

Competitors enter as individuals and are randomly assigned partners and dance to music selected in advance by the competition DJ. Each division must have at least 5 leaders and 5 followers to run the competition. There is no maximum number of competitors.

Couples must maintain physical contact except for spins, turns, short break-a-ways, and recoveries. No lifts or drops will be allowed.

- **West Coast Swing J&J**

Division Qualifications: Our rules for the West Coast Swing Jack & Jill competitions are based on the World Swing Dance Council recommendations. If you are not comfortable dancing in the division where these qualifications place you, please petition the Head Judge to dance up or down.

An individual may compete in more than one leveled WCS Jack & Jill (in different, qualifying roles), and may also dance in the Master's division if they qualify by age(50+).

****Please see attached WSDC rules for information on how you may compete in two leveled Jack & Jills. If you do not enter the appropriate division, we will move you to your qualifying division.**

- **Hustle J&J**

Division Qualifications: Our rules for the Hustle Jack & Jill competitions are based on Both the Hustle Dance Tour and WSDC recommendations. If you are not comfortable dancing in the division where these qualifications place you, please petition the Head Judge to dance up or down.

An individual may compete in more than one leveled WCS Jack & Jill (in different, qualifying roles).

****Please see attached WSDC rules for information on how you may compete in two leveled Jack & Jills. If you do not enter the appropriate division, we will move you to your qualifying division.**

****WSDC UPDATE FOR Jack & Jills: READ BEFORE YOU REGISTER.**

Competitors will be *allowed* to compete as both Leaders and Followers in skill level Jack & Jills at any given event. This rule is not mandatory for events. Events may allow competitors to dance in both roles or limit competitors to one role only.

Here are details on how it works:

- Leader and Follower points will be tracked separately in Points Registry.
- Competitors qualify for their dance level based on either their Leader or Follower points, whichever is higher.
- Competitors are allowed to compete in their non-dominant role one level down, *as long as they don't qualify in both for the **same** division*. No petitions will be approved for dancing more than one level down.
- Competitors will not be permitted to dance both roles in the same division.

Current competitors whose combined points as both a Leader and Follower would have moved them into a higher skill level will be offered a one-time option (to be "grandfathered" into the higher level).

Examples:

- Chris has 5 Int points as a Leader; 1 Nov point as a Follower. Chris may dance in Int as a Leader and in Nov as a Follower.
- Alex has 20 Adv points as a Follower; 0 points as a Leader. Alex may dance in Adv as a Follower and in Int as a Leader (one level down).
- Jordan has 10 Adv points as a Leader and 10 Adv points as a Follower. Jordan may dance in Adv as either a Leader or Follower, but not both. Jordan may **not** petition to dance in Int in either role.
- Taylor has 30 Int points as a Follower and 16 Int points as a Leader. Previously, Taylor would have been required to dance Adv with a 46 combined point total. Taylor will make a one-time choice whether to dance in Adv as a Follower going forward or to remain in Intermediate for both roles.

The WSDC Board is updating their Points Registry database to reflect a competitor's dominant role level ("Dance Level"). To keep it simple for contest registration, we will also reflect a competitor's eligibility in their non-dominant role.

Strictly Swing

Competitors enter as a couple and dance to music selected in advance by the competition DJ. Each division must have at least 5 couples to run the competition. There is no maximum number of competitors.

1. Costumes are not allowed. However, matching or complementary outfits suitable for social dancing are acceptable.
2. Couples must maintain physical contact except for spins, turns, short break-a-ways, and recoveries.
3. Pre-choreographed routines are not allowed.
4. Dancers must maintain their own physical contact with the floor during partner weight supported moves.
5. At most, five partner weight supported moves are permitted.
6. Guidelines for expected Swing content are 90%. It is at the judge's discretion to determine that the Swing or Hustle content has been met.

In the Strictly Swing Divisions, if one partner dances in a higher level than the other partner, that couple must dance in the higher level division.

An individual is not permitted to dance in more than one leveled Strictly Swing division (regardless of role selection), but may also dance in the Master's Strictly Swing if they qualify by age(50+).

You may NOT have the same partner for Strictly Swing and Master's Strictly Swing divisions.